

## Activity Words Oh, Puh-leeeeeze! (Teacher Instructions)

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There are many creative ways to complete this activity.

- Write each of the following words on index cards (or print this document and cut out the words). Fold each card in half and place into a bowl, hat, or bag. Students can then select a word and attempt a matching facial expression, gesture and/or comment.
- Write the words on copy paper or sentence strips and place around the classroom. Act out or have a student act out the various emotions one at a time, and see if participants can guess and move to the correct term.
- Say the word out loud and have participants draw what this emotion or symbol of what this looks like to them. Have students share their drawings with the group.

<b>AFRAID</b>	<b>ANGRY</b>	<b>ANXIOUS</b>
<b>BORED</b>	<b>CONFUSED</b>	<b>CONTENT</b>
<b>CURIOUS</b>	<b>EXCITED</b>	<b>FRUSTRATED</b>
<b>HAPPY</b>	<b>INTERESTED</b>	<b>JEALOUS</b>
<b>LONELY</b>	<b>OFFENDED</b>	<b>OVERWHELMED</b>
<b>PROUD</b>	<b>SAD</b>	<b>SCARED</b>
<b>SHOCKED</b>	<b>SHY</b>	<b>STRESSED</b>
<b>SURPRISED</b>	<b>THANKFUL</b>	<b>WORRIED</b>

Adapted from: Department of Labor