Balancing Multiple Roles	
Interview a working parent on managing work and a family. Name:	
Occupation:	
Number of children a	and ages:
Please list all the	roles and responsibilities you have, including family, work and community
2. What roles and re	sponsibilities are the most demanding of your time? The least? Explain
3. Do you ever feel	stressed trying to meet the demands of working and having a family? Explain.
4. How has your em	ployer made it easier for you to manage working and a family?
5. Between which ro	les do you find the most conflict? Explain.
6. When two roles co	ompete for the same time, how do you decide which one takes priority?
7. What advice woul	d you give a working couple trying to balance their roles and responsibilities?
Additional comments	 S:

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Name\_\_\_

\_Date\_\_\_\_\_