

Mise en Place Steps (Key)

Complete each statement with the correct answer.

- Mise en place – French phrase for “put in place”
- Work Simplification - performing a task in the most efficient way possible

1. Review the recipe completely

2. Gather all equipment and begin prep work.

Includes:

a. Assembling:

- equipment
- ingredients
- serving pieces
- tools

b. Involves:

- cleaning and chopping vegetables
- measuring spices
- preheating oven
- trimming meats

3. Being mentally ready