

Name _____ Period _____ Date _____

Personal Activities Calendar

List any scheduled activities other than school (see examples below).

Month: _____

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

To Do List:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Include:

- Work schedule (if applicable)
- Practice – sports, dance, band
- Chores – wash car, laundry, babysit
- Appointments – doctor, dentist
- Exercise – gym, class, weight training
- Leisure activities – movies, shopping, eating out
- Personal – worship, meditation, reflection
- Homework – assignments, projects due dates