Be Visually Aware – Nail Diseases and Disorders
Presentation Notes
Be Visually Aware – Nail Diseases and Disorders
Nails are small mirrors of the general health of the entire body. Certain health conditions may first be revealed by a change in the nails, a visible disorder, or poor nail growth.
If a client has a nail disorder:
• Tell the client that they have a disorder and suggest they see their physician for treatment.
• You may cosmetically improve certain nail plate conditions if the problem is cosmetic and not a medical condition or disorder.

YouTube™ video: Nail Disorders
Dr. Scott Robertson shows examples of common finger and toe nail disorders. http://youtu.be/LEPizQQul_Y

Note: video is only 3.50 minutes but repeats itself without voices.
Presentation Notes
Be Visually Aware – Nail Diseases and Disorders

Causes:
Blue nail - caused by poor circulation, heart disorder, or medications
Bruised Nails - caused by an injury to the nail
Corrugations - caused by uneven growth of nails usually by illness or injury
Eggshell nails - may be caused by diet, illness, or medication
Furrows or Beaus Lines - usually a result of illness, injury or cancer. Seek a physician’s diagnosis
Hangnail - caused by cutting off too much cuticle or carelessly removing tissue
Leukonychia - caused by an injury at the base of the nail
Melanonychia - caused by a localized area of increased pigment cells in the matrix bed
Onychatrophia - caused by an injury or disease
Onychauxis - caused by a local infection or imbalance
Onychophagy - a nervous habit of biting the nails
Onychorrhexis - caused by many things; careless filing, vitamin deficiency, illness, exposure to strong soaps
Any nail disease that shows signs of infection or inflammation (redness, pain, swelling, or pus) should not be diagnosed or treated in the salon. Medical examination is required for all nail diseases and any treatments will be determined by the physician.
Symptoms:

Onychia - inflammation of the nail matrix, followed by shedding of the nail

Onycholysis – lifting of the nail plate from the nail bed, without shedding

Onychomadesis – separation and falling off of a nail plate from the nail bed

Nail psoriasis – tiny pits or severe roughness on the surface of the nail plate

Onychomycosis – fungal infection of the natural nail plate

Paronychia – bacterial inflammation of the tissues around the nail plate causing pus, swelling, and redness

Pyogenic granuloma – severe inflammation of the nail in which a lump of red tissue grows up from the nail bed to the nail plate

Tinea pedis – red, itchy rash on the skin on the bottom of feet and/or between the toes
Nail Knowledge

- Know the structure and physiology of the nails
- Be creative
- Working on good healthy nails is a pleasure
- Working on unhealthy nails can be a danger to you, your client, and to the general public
- Begin with knowledge and grow from there
Questions?
Presentation Notes
Be Visually Aware – Nail Diseases and Disorders

Resources and Reference

- Textbook:

- YouTube™ video:
  - Nail Disorders
    Dr. Scott Robertson shows examples of common finger and toe nail disorders.