

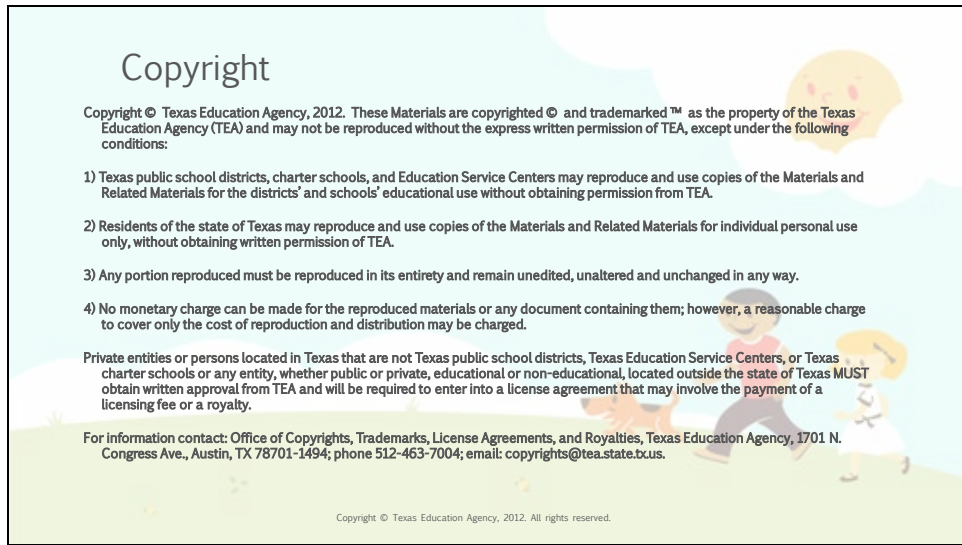
Presentation Notes: School-Aged Children

Slide 1



School-Aged Children

Human Growth and Development



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The illustration shows a boy in a red shirt and dark pants walking a brown dog on a green grassy hill. A girl in a white dress is walking next to him. In the background, there is a large, smiling sun with a face, and a white cloud. The sky is light blue.

Terms

- **Body image:** Refers to how a person thinks his or her body looks.
- **Conformity:** Being like one another
- **Gender identity:** The awareness of being male or female
- **Growth spurt:** Occurs when a child grows very rapidly in a short period of time

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The slide features a light blue sky with a smiling sun and white clouds. In the foreground, a green grassy hill has a boy in a red shirt and dark pants, a girl in a white dress, and a brown dog walking together.

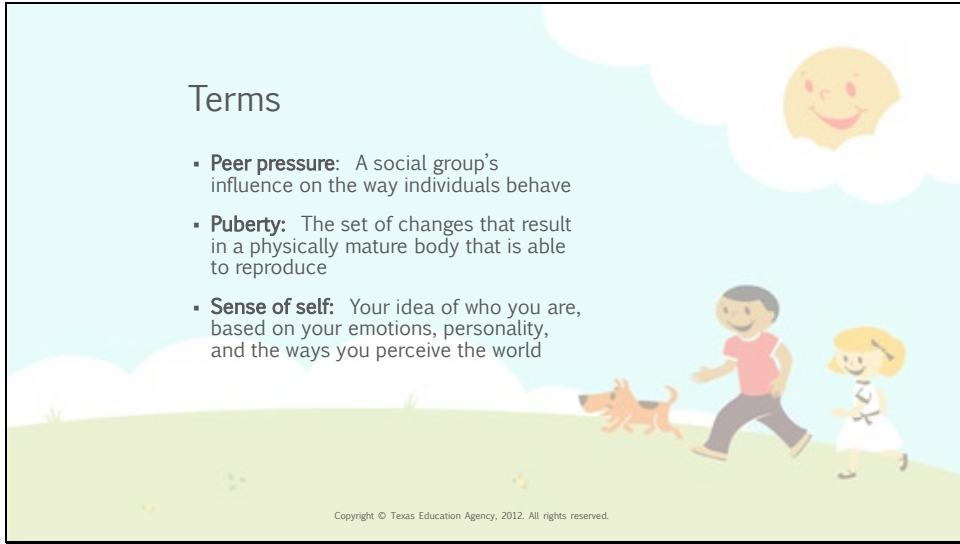
Terms

- **Learning method:** A way to learn
- **Moral development:** The process of learning to base one's behavior on beliefs about what is right and wrong
- **MyPyramid:** A guide for healthful eating and active living that was developed by the U.S. Department of Agriculture (USDA)
- **Peer learning:** A learning in which students interact with one another

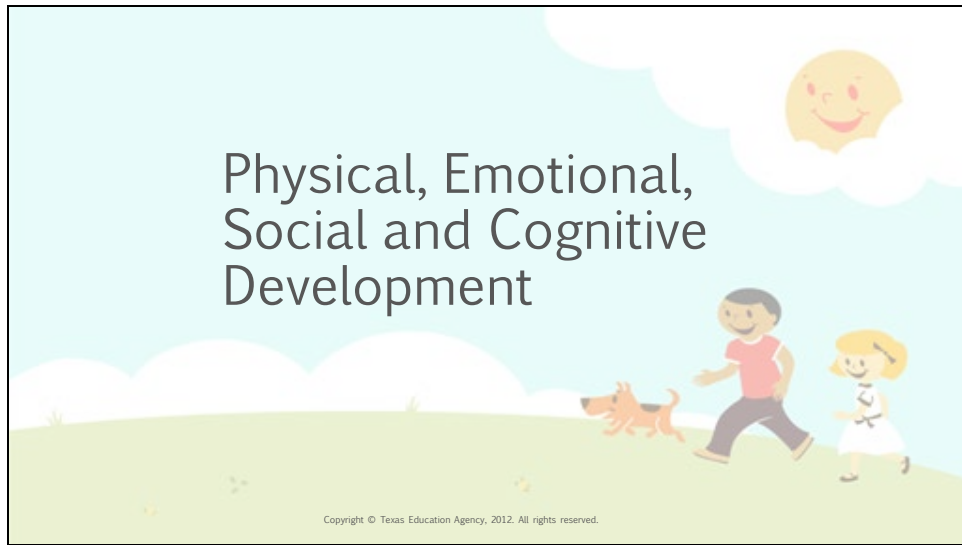
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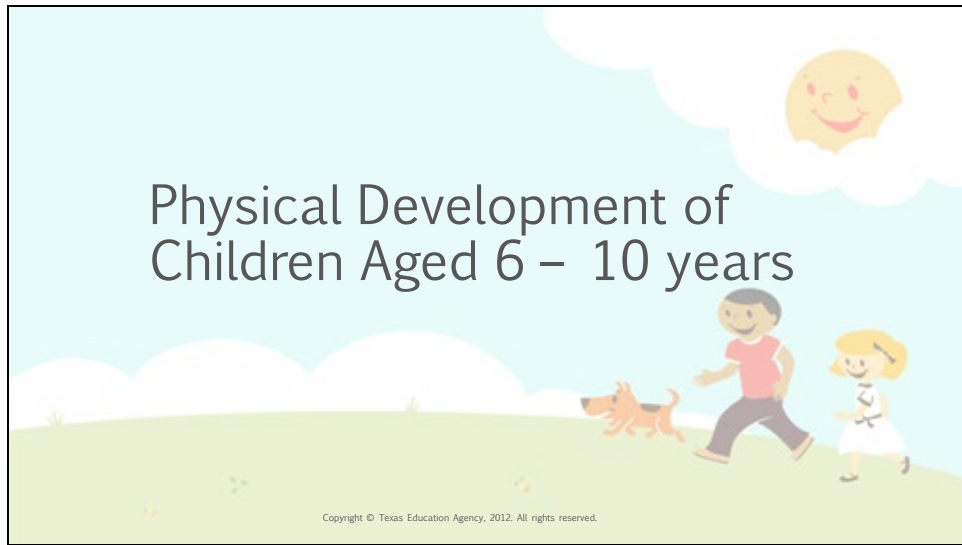
Terms

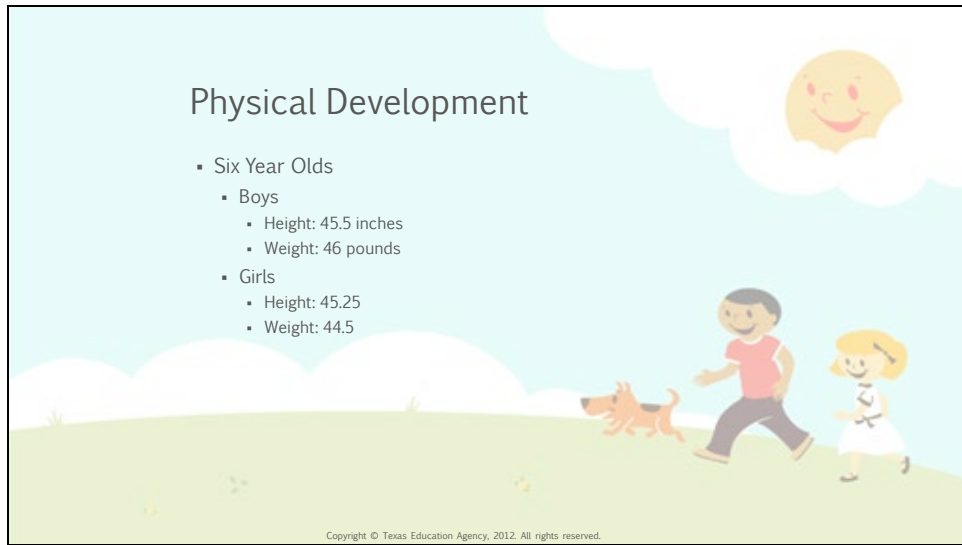
- **Peer pressure:** A social group's influence on the way individuals behave
- **Puberty:** The set of changes that result in a physically mature body that is able to reproduce
- **Sense of self:** Your idea of who you are, based on your emotions, personality, and the ways you perceive the world



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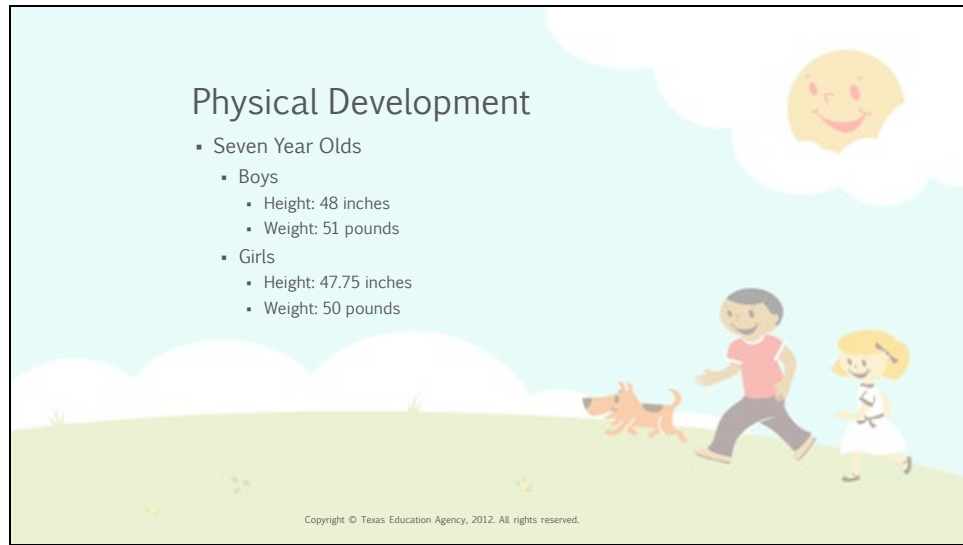


Physical Development

- Six Year Olds
 - Boys
 - Height: 45.5 inches
 - Weight: 46 pounds
 - Girls
 - Height: 45.25
 - Weight: 44.5

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Script: As children develop, girls tend to develop physically just slightly slower than boys.

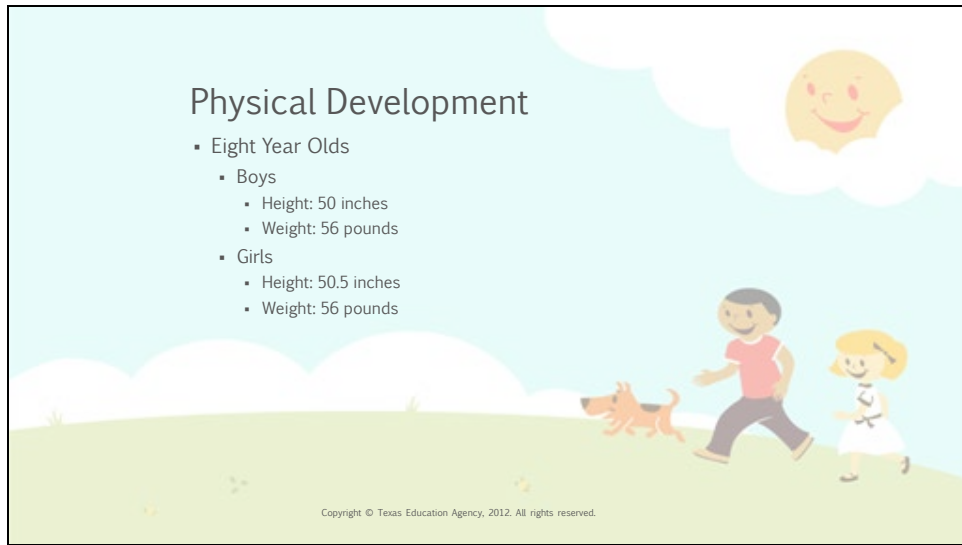


Physical Development

- Seven Year Olds
 - Boys
 - Height: 48 inches
 - Weight: 51 pounds
 - Girls
 - Height: 47.75 inches
 - Weight: 50 pounds

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Script: At seven years old, girls continue to develop just slightly behind boys of their age. However, you should keep in mind that all children develop differently.



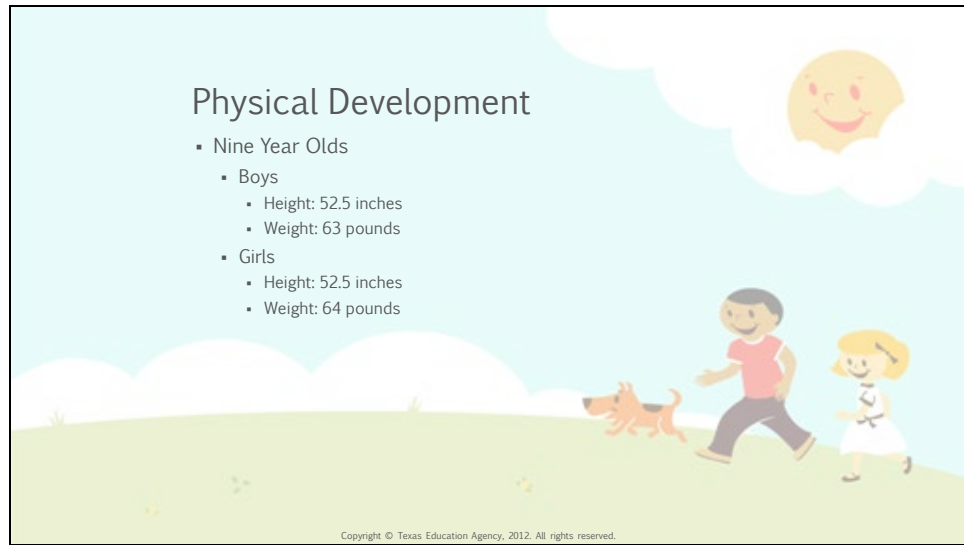
Physical Development

- Eight Year Olds
 - Boys
 - Height: 50 inches
 - Weight: 56 pounds
 - Girls
 - Height: 50.5 inches
 - Weight: 56 pounds

The slide features a light blue sky with a smiling sun and white clouds. In the foreground, a boy in a red shirt and a girl in a white dress are walking on a green grassy hill, accompanied by a small brown dog. The text is positioned in the upper left quadrant of the slide.

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Script: At eight years of age, girls and boys are almost growing at the same pace.

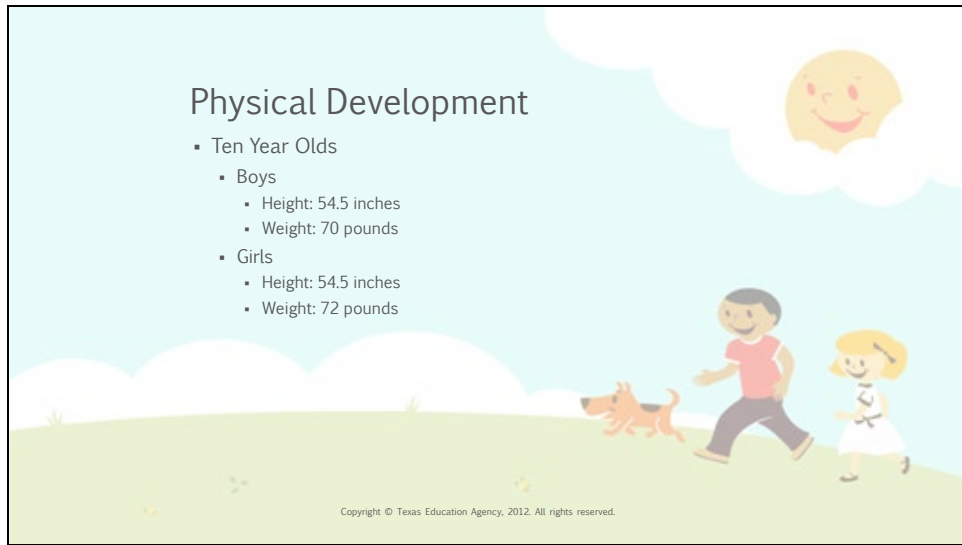


Physical Development

- Nine Year Olds
 - Boys
 - Height: 52.5 inches
 - Weight: 63 pounds
 - Girls
 - Height: 52.5 inches
 - Weight: 64 pounds

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Script: It is around this time that girls tend to go through a growth spurt and begin to pass boys in physical development.

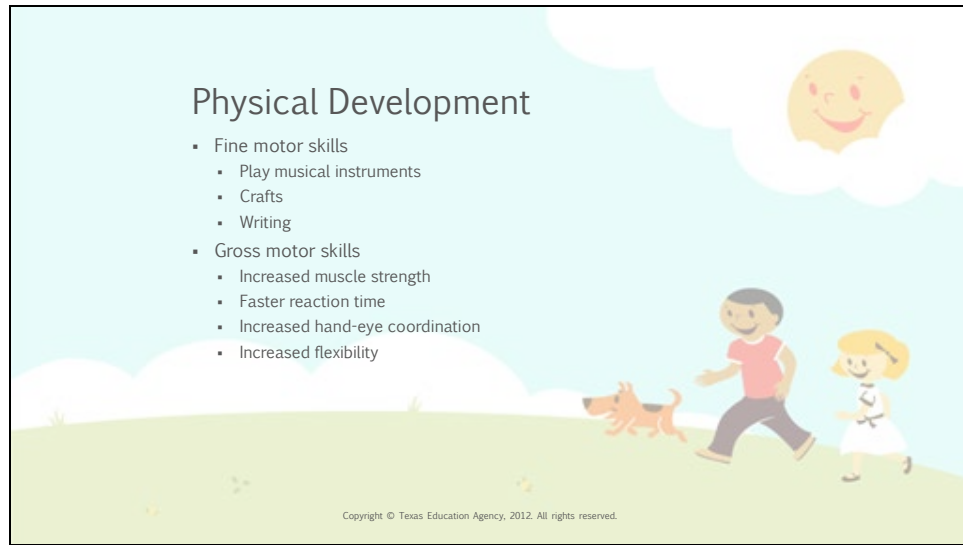


Physical Development

- Ten Year Olds
 - Boys
 - Height: 54.5 inches
 - Weight: 70 pounds
 - Girls
 - Height: 54.5 inches
 - Weight: 72 pounds

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Script: Again, here the girls are surpassing the boys in weight. Remember, that all children develop at different paces.



Physical Development

- Fine motor skills
 - Play musical instruments
 - Crafts
 - Writing
- Gross motor skills
 - Increased muscle strength
 - Faster reaction time
 - Increased hand-eye coordination
 - Increased flexibility

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The slide features a light blue sky with a smiling sun and white clouds. In the foreground, a green grassy field shows a boy in a red shirt and dark pants walking a brown dog, and a girl in a white dress walking towards them.

Script: The motor skills become more refined during this period. This is shown in the child's ability to perform tasks with greater skill.





Emotional Development

- Six Year Olds
 - Starting school
 - Independence
 - Seek praise from teachers and family
 - Mood changes
 - Can be hurtful with words

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Script: As children reach six years of age, they become better at expressing their emotions. A variety of events can cause different emotions.



Emotional Development

- Seven Year Olds
 - Introverted
 - Quiet
 - Usually not willing to express emotions

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Script: Seven year olds tend to keep to themselves and keep feelings internally, rather than expressing them.



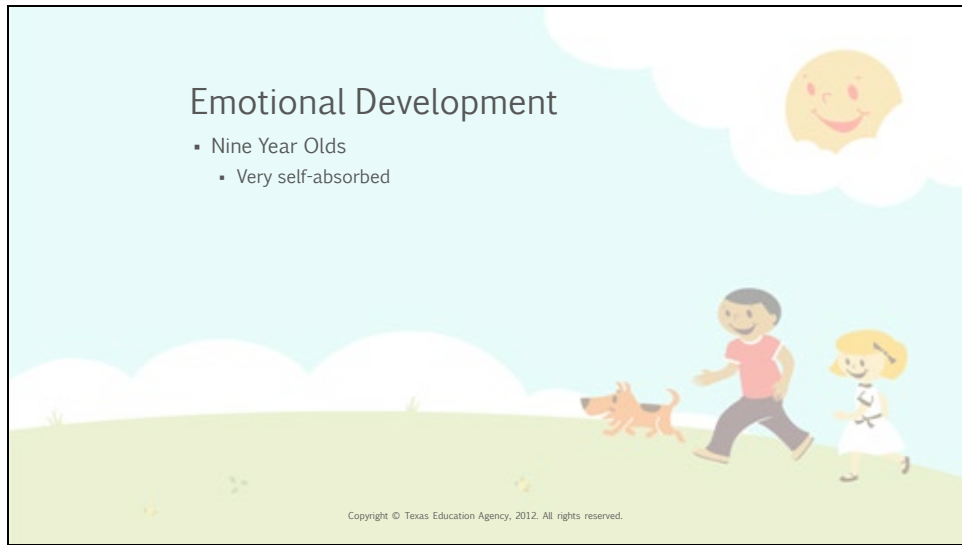
Emotional Development

- Eight Year Olds
 - Exploration
 - Curiosity
 - Enjoy story telling

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The slide features a light blue sky with a smiling sun and white clouds. In the foreground, a boy in a red shirt and a girl in a white dress are walking on a green grassy hill, accompanied by a brown dog. The overall style is simple and child-friendly.

Script: Eight years are more expressive than seven year olds. They tend to enjoy telling stories about events that have happened to them.



Script: Nine year olds tend to be extremely self-absorbed and see themselves as the center of their world.

Emotional Development

- Ten Year Olds
 - Increased self-awareness
 - Very positive beings

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The slide features a light blue sky with a smiling sun and white clouds. In the foreground, a boy in a red shirt and a girl in a white dress are walking on a green grassy hill, accompanied by a small brown dog. The overall scene is bright and cheerful.

Script: Ten year olds tend to be very self-aware of their actions. They are also more positive about themselves and the world around them than nine year olds.





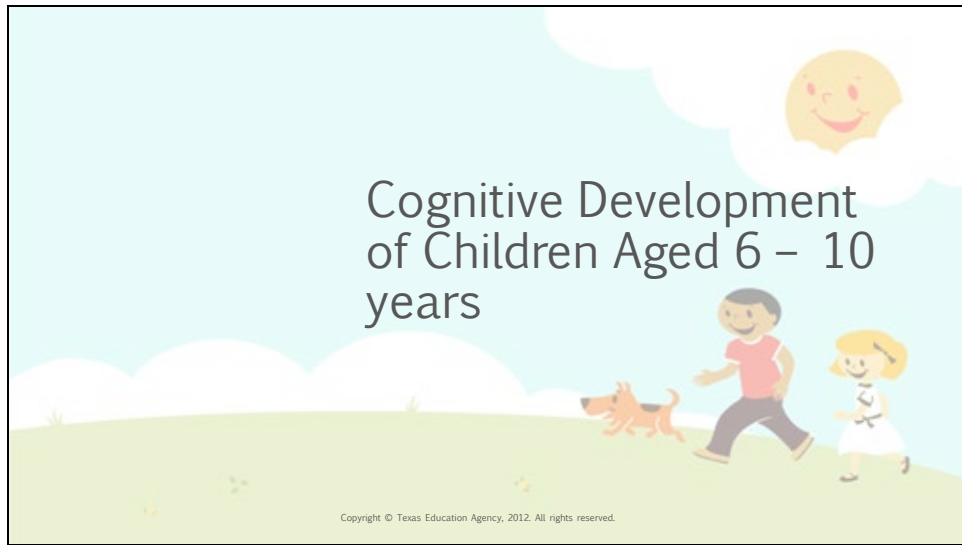
Social Development

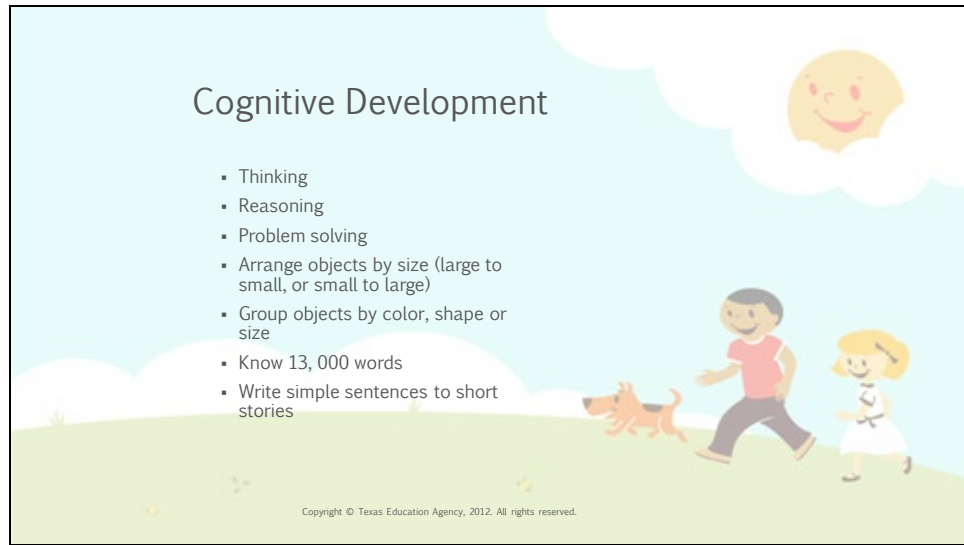
- Increased social interactions
 - Acceptance by peers is very important
- Organized sports

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Script: School-aged children are very interested in having friends and pleasing those friends. They may also begin participating in organized sports. Ask: Sports can provide many positive benefits to children. What are some of those benefits?





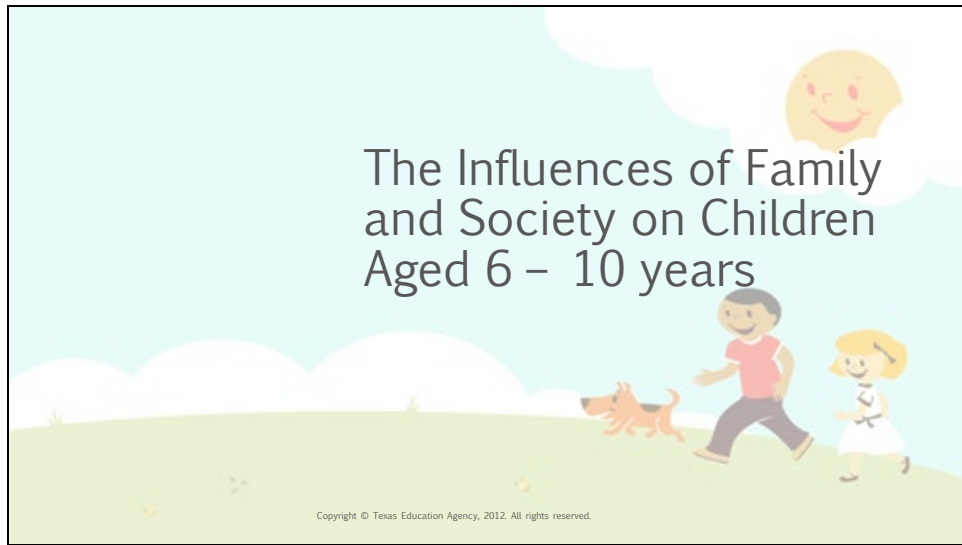
Cognitive Development

- Thinking
- Reasoning
- Problem solving
- Arrange objects by size (large to small, or small to large)
- Group objects by color, shape or size
- Know 13, 000 words
- Write simple sentences to short stories

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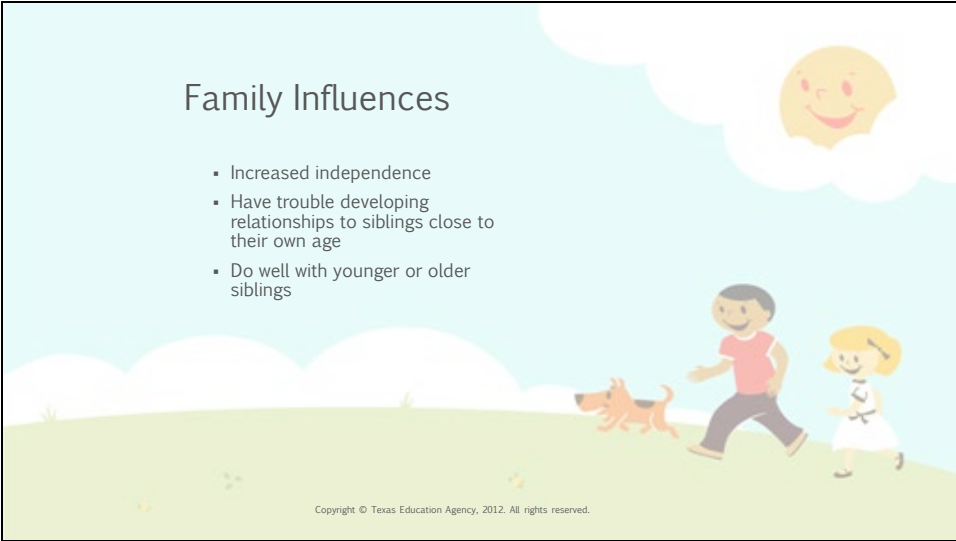
The slide features a light blue sky with a smiling sun and white clouds. In the foreground, a boy in a red shirt and a girl in a white dress are walking on a green grassy hill, accompanied by a small brown dog. The text is positioned on the left side of the slide.

Script: During this time, children are capable of increased learning about concrete objects. They cannot yet analyze information.



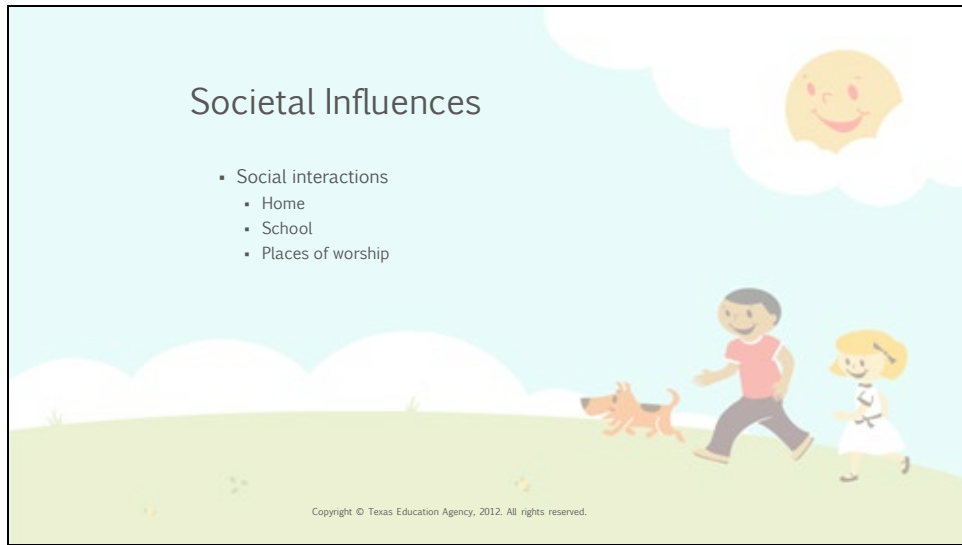
Family Influences

- Increased independence
- Have trouble developing relationships to siblings close to their own age
- Do well with younger or older siblings



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Script: Children progress from being very dependent on their parents to performing tasks and activities independently. Ask: What types of tasks might children begin to do on their own?



Script: Social interactions help children to learn the rules of society such as





Development

- Piaget's Theory
 - Concrete Operations Period
 - Group objects by shape, color or size
 - Arrange objects by size such as small to large or large to small

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Script: He said that during the third stage of development (concrete operations) that children were capable of thinking more logically.



Development

- Vygotsky's Theory
 - Increased social interactions = learning
 - Group activities

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The slide features a light blue sky with a smiling sun and white clouds. In the foreground, a green grassy hill shows a boy in a red shirt and a girl in a white dress walking with a brown dog.

Script: Caregivers should provide children with as many experiences as possible to increase their learning opportunities.



Script: She believed children should be given the tools to create their own learning experiences.



Script: Gardner said there are many types of learning and every child learns differently. Teachers and caregivers can foster learning by providing children with a variety of activities to develop their intelligences.



Script: Just as with preschool children, school-aged children with special needs should be treated as any other child is treated and given the same opportunities to learn. Caregivers who know what they can reasonably expect from a special needs child is more likely to see the child reach his or her full potential.

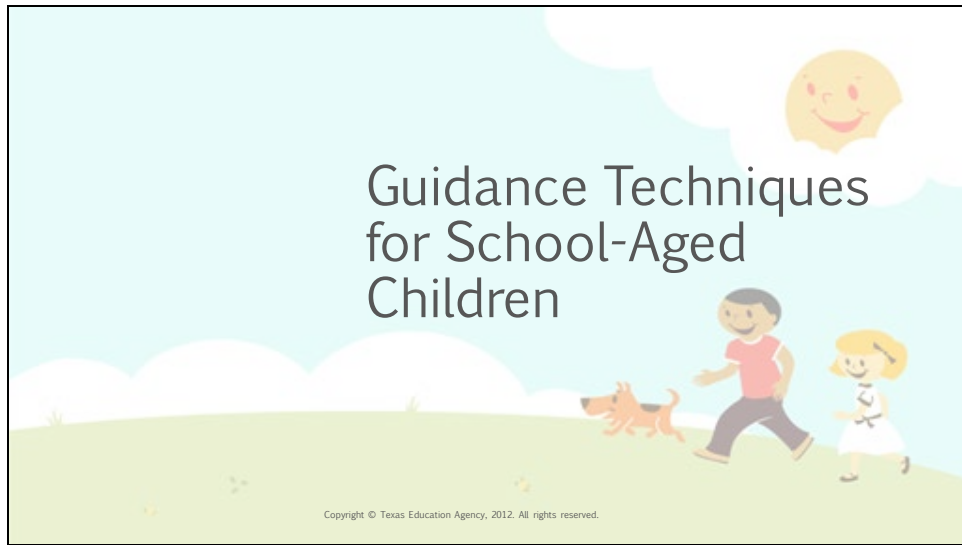




Script: Childhood nutrition is very important during growth and development.



Script: During the school-aged years, it is common for children to become engaged in conflict and to encounter bullies. Ask: What are some issues that may create conflict among children?





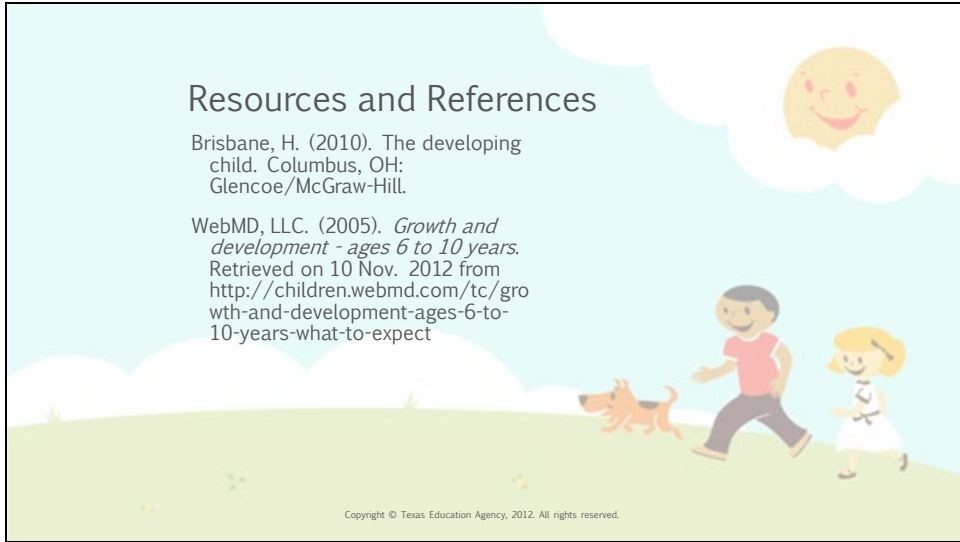
Script: Children at this age continue to learn best by hands-on learning experiences. They can do so in peer learning groups, or independently.



Resources and References

Brisbane, H. (2010). *The developing child*. Columbus, OH: Glencoe/McGraw-Hill.

WebMD, LLC. (2005). *Growth and development - ages 6 to 10 years*. Retrieved on 10 Nov. 2012 from <http://children.webmd.com/tc/growth-and-development-ages-6-to-10-years-what-to-expect>



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