

Principles and Areas of Human Development

Instructional Practices in Education and Training



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Principles of Human Development



**Development
is similar
for everyone**



**Development
builds on
earlier learning**



Cephalocaudal-
From head to foot

Proximodistal-
From near to far





**The different areas
of development are
interrelated**

**Development
proceeds at
an individual rate**



**Development is
continuous
throughout life**



*“Seek the wisdom
of the ages
but look at the world
through the eyes
of a child.”*

Ron Wild



With a partner:

1. Write down one principle of development
2. Draw a visual representation of the principle
3. List five (5) examples/situations that represent the principle



**Areas of
Human Development
P-I-E-S**

Areas = Aspects, Domains

Physical Development

A composite image of a human face. The top half shows a close-up of a blue eye with long, dark eyelashes. Below the eye, the bridge of a nose and the tip of a nose are visible. At the bottom, a pair of lips is shown. The entire face is rendered in a soft, ethereal style with a light blue and white color palette. The background is white.



Intellectual Development

**Also known as Cognitive
Development**

Emotional Development

The background of the slide is a composite image. It features a close-up of a person's eye with a blue iris, looking upwards and to the right. Below this eye is a faint, light-colored sketch of a human face, showing the eyes, nose, and mouth. On the right side of the slide, there is a vertical strip showing a close-up of another eye, also with a blue iris, looking towards the left.

A close-up photograph of a person's face, focusing on their blue eyes and a slight smile. The image is partially obscured by text on the left side.

Social Development

**Emotional and Social Development
are often grouped together and
referred to as Social-Emotional
Development**



Questions?

Resources and References

- Bredekamp, Sue. *Effective Practices in Early Childhood Education*. Pearson, 2011.

Herr, Judy. *Working With Young Children*. Goodheart-Wilcox. 1998.
- National Association for the Education of Young Children (NAEYC). Site provides brief summary of developmental practice designed by NAEYC.
<http://oldweb.naeyc.org/ece/1998/05.asp>
- Texas Education Agency
website for Texas Essential Knowledge and Skills
<http://www.tea.state.tx.us/index2.aspx?id=6148>