**Procedure I Handwashing**

**Possible Allocated**

1. Removed jewelry 1
2. Turned faucet on with paper towel, adjusted temperature   
   (water should be warm) and discarded towel in waste

container 3

1. Wet hands and wrists thoroughly with fingertips pointing

down 2

1. Applied soap to get a lather on hands 1
2. Put the palms of hands together and rubbed them using

friction and a circular motion for 10-15 seconds 3

1. Put the palm of one hand on the back of the other hand,   
   rubbed together several times and repeated after reversing

position of hands 3

1. Interlaced fingers on both hands and rubbed them back and

forth 2

1. Cleaned nails with an orange/cuticle stick and/or hand brush 2
2. Rinsed hands with fingertips pointed downward 2
3. Dried hands thoroughly, from tips of fingers to wrist, and

discarded towel 2

1. Turned faucet off with dry paper towel and discarded towel in

wastebasket 2

1. Avoided touching inside of sink 3

**TOTAL POINTS -- PROCEDURE I 26**

\*\*If a student jeopardizes the patient's or his/her own safety or fails to perform a critical technique and does not take immediate action to correct the error, the total points for the procedure or specific subpart(s) will be deducted. Nursing Assisting (July 2007) 7