Name_____Period_____Date_____

Rubric for Health and Wellness Throughout the Lifespan Project

Task Description: As a group, research information based on the lifespan stage selected and develop a brochure to include the following information:

- Health factors affecting individuals in their lifespan stage

- Supportive agencies or resources to assist with the related lifespan topic

- Health and wellness aspects related to your lifespan stage

- Techniques to reduce stress in individuals of your lifespan stage

Criteria	weight	Exemplary 4	Accomplished 3	Developing 2	Beginning 1
Content/Information	25%	☐ Accurate and detailed ☐ Appropriate information ☐ Organized ☐ Full understanding of topic	☐ Mostly accurate and detailed ☐ Mostly appropriate information ☐ Mostly organized ☐ Good understanding of topic	☐ Partially accurate and detailed ☐ Partially appropriate information ☐ Partially organized ☐ Fair understanding of topic	☐ Inaccurate and not detailed ☐ Lacking information ☐ Unorganized ☐ Does not understand topic
Verbal Skills	25%	☐ Speaks clearly ☐ Projects voice ☐ Pronounces all words correctly	☐ Speaks clearly most of the time ☐ Projects voice most of the time ☐ Pronounces words correctly most of the time	☐ Speaks somewhat clearly ☐ Projects voice somewhat ☐ Pronounces some words incorrectly	☐ Does not speak clearly ☐ Weak voice projection ☐ Incorrect pronunciation
Non-Verbal Skills	25%	☐ Utilizes eye contact well ☐ Appropriate facial	☐ Some eye contact ☐ Some appropriate facial expressions	☐ Rarely uses eye contact ☐ Very few facial	☐ Does not look at audience ☐ Expressionless

		expressions (smiles, appears interested) ☐ Appropriate hand gestures	☐ Some appropriate hand gestures	expressions ☐ Very few appropriate hand gestures	☐ No hand gestures shown
Mechanics/ Visual Aids	25%	☐ Correct grammar ☐ Correct spelling	☐ Correct grammar most of the time ☐ 1-2 spelling errors	☐ Sometimes uses poor grammar ☐ 3-5 spelling errors	☐ Uses poor grammar ☐ 6 or more spelling errors

Assignment Score _____   **+**   Beyonder/Bonus _____   **=**   Final Score _____