

Senior Living Options

Research the following types of care available for senior citizens requiring assistance with daily living or more severe health problems. Complete chart with the appropriate information.

Type of Facility	Cost for One Month	Features and Amenities
Retirement Community		
Assisted Living Facility		
Memory Care Facility		
Nursing Home		
Agency Providing In-home Care	Part Time: 24/7 Care:	

1. What do you envision your life will be like as an older adult? Who is going to take care of you?
2. How would you describe the experiences of older adults in your family that were influenced by their culture, ethnicity and gender?
3. How might your ability to age successfully as an older adult be related to what you are doing in your life now?