

What Will I Do? Living by My Code of Behavior

Instructions: When faced with negative peer pressure it is useful to have a code of behavior in place that you are comfortable with. In this way, when you are faced with a pressure situation you already know what to do. Read the following situations and answer them in the space provided. Your answers to these questions will help you to determine your code of behavior.

Situation #1: You're at the mall with your friend and you see him sneak something into his backpack. What will you do?

Situation #2: You're hanging out with your friends and they start to make fun of someone with a learning disability. What will you do?

Situation #3: There is a big test coming up in your math class. Your friend shows a copy of the test with the answers that she "found." What will you do?

Situation #4: You are not allowed to go to parties that are not chaperoned by parents. Your friend's parents are out of town this coming weekend and he is throwing a party. He wants you to go and encourages you to lie to your parents and tell them that you are spending the night at his/her house. What will you do?

Name _____ Period _____ Date _____

Situation #5: You find yourself at a party where there is underage drinking going on. Do feel like it is okay to stay as long as you are not drinking? What will you do?

What are your thoughts on being around a group of peers that is not following your code of behavior? Would you keep them as friends, find new friends; encourage them to stop what they are doing? Explain.

Teenagers can resist negative peer pressure by:

Positive peer pressure can help teenagers:
